

May 10, 2017

Twin Cities Unicycle Club to Celebrate National Unicycle Week

It's **National Unicycle Week** (May 21 - 27) and to celebrate this great sport, the **Twin Cities Unicycle Club** will be hosting many events at locations around the Twin Cities.

First off is **Ride a Unicycle Day** on Sunday, May 21st. TCUC will host a group ride of members and guests around Lake Harriet starting at noon at the bandshell. If you know how to ride a unicycle, please join us on the 21st!

During **National Unicycle Week** we want to encourage the public to come to one of our open practices to try unicycling. Unicycling is a great individual, family and group activity that encourages physical activity, balance and learning with beginning riders from 7 to 70 years old! The club will provide unicycles at practices and members will be available to teach the basics of riding. We have open practices on:

Tuesday, May 23, 6:30-8:30 pm: Westwood Elementary School, 3701 W 108th St, Bloomington, MN 55431

Tuesday, May 23, 6:15-8:30 pm: Royal Oaks Elementary School, 7335 Steepleview Rd, Woodbury, MN 55125

Wednesday, May 24, 6-8:30 pm: Pinewood Community School, 4300 Dodd Rd, Eagan, MN 55123

The Twin Cities Unicycle Club is the largest unicycle club in North America, with over 230 members and has some of the top riders in the country and world, with many national and international titles. We teach classes and holds practices throughout the fall, winter and spring, and ride in parades throughout the summer. To find out more about the club visit tcuc.org.

National Unicycle Week: <http://uniusa.org/national-unicycle-week/>

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